

May Newsletter

Welcome to May! With the beautiful weather we are having please remember to send water bottles, hats, and sunscreen if you chose to provide your own. If your child is not sensitive to sunscreen just send us \$2 and we will provide life brand, or Coppertone brand sunscreen for the remainder for the year. Some days will still be rainy, so don't forget jackets, and boots when necessary.

This months hot lunch is Subway. Orders are due on May 10th and lunch will be served on May 17. Also happening this month will be our class photo. We are just waiting on confirmation from our photographer about a date.

You may have heard your children talking about Melvin. Melvin is a monkey that is the face of the "Calm Curriculum". This program helps children recognize, and regulate their emotions. We recently discussed the 'Color Gauge' and have sent some home (they are on the front desk, feel free to grab one). The color gauge consists of three color zones, and they are different from the zones the elementary school uses. These zones consist of; the grey zone, when your body is feeling slow and tired, the green zone, when your body is feeling calm and ready to learn, and the red zone, when your body is feeling fast. This gauge focuses on recognizing which zone your in, and what your body needs to reach the green zone so you are best ready to learn. These zones are meant to have no emotion, there is no 'good' zone or 'bad' zone. Try this at home, ask your child what zone they are in, and help them find an appropriate activity to reach the green zone.

Thank you! Stephanie, Megan, Mickey, Anna & Connie.

Upcoming important dates:

May 3– No Class—Pro-D Day

May 9– Early Dismissal 1:30

May 10– Hot lunch orders due

May 17– hot lunch day–

Subway

May 20– CLOSED—

Victoria Day

